

home to specialized physical therapy services for adults and children with pelvic floor disorders such as urinary incontinence, fecal incontinence and pelvic pain. When provided by expert therapists, services such as biofeedback, pelvic floor exercises, manual therapy, and electrical stimulation can be highly effective for these conditions.

• **Urodynamic Testing**

Advanced urodynamic testing allows physicians to make accurate diagnoses of urologic conditions. Patients can undergo a full range of urodynamic testing at Urology of Virginia, including video urodynamic testing, pressure flow studies, leak point pressure management, and more.

• **Research Trials**

Urology of Virginia physicians have participated in clinical research for decades. Their robust clinical research program gives their patients access to treatments that aren't available anywhere else in Hampton Roads.

"That's what really differentiates us," says Dr. Fabrizio. "If you look at our programs compared to large academic programs nearby, we run as many clinical trials as they do."

At any given time, Urology of Virginia offers between 40 and 50 clinical trials for urologic cancers, overactive bladder, incontinence and other conditions. They have particular expertise in prostate cancer treatment.

"We were the largest enrollment site for Provenge, the first true immunotherapy approved for advanced prostate cancer," says Dr. Fabrizio.

The practice was also one of only two sites developing a new high-definition ultrasound technology to image the prostate gland and detect cancerous lesions. Thanks to work performed at Urology of Virginia, the technology is now approved by both the FDA and the European Union. Urology of Virginia continues to offer clinical trials for almost all prostate cancer drugs, including hormone therapies and treatments for metastatic disease.

The expert urologists at Urology of Virginia come from the top medical schools and training programs across the country. Each physician specializes in different aspects of urological care, from prostate cancer to kidney transplants.

A Vision for the Future

The practice has a long history with telemedicine, using a rounding robot in the early 2000s at Sentara Norfolk General and even performing international surgery from their office in Norfolk using a robot in Berlin. Telemedicine technology is key to their continued growth.

"Our goal is to expand regionally," says Dr. Fabrizio. "We want to bring back our presence in North Carolina and expand in Virginia."

Telemedicine is the natural next step for a practice with a history of innovation, allowing Urology of Virginia to continue to offer quality care at a lower cost. ■

US News and World Report recognized Sentara Norfolk General as a nationally recognized urology program for two consecutive years, (during a world wide pandemic). Dr. Jennifer Miles -Thomas, newly elected president of Urology of Virginia stated, "I'm excited to share with you the recognition our program and partnership has received. This award helps Urology of Virginia stand out as a leader in high-quality Urology care in Hampton Roads. I am proud all of your hard work and dedication. Please join me in the celebration."

In 2022 the practice will be celebrating its Centennial. More to come... ■



Male and Female

ADULT UROLOGY

Innovative and Personalized

THE DEVINE-JORDAN CENTER
Advanced reconstructive surgery and pelvic health

PELVIC PHYSICAL THERAPY CENTER
Strengthening the core of urological health

SCHELLHAMMER UROLOGICAL RESEARCH FOUNDATION
Redefining the standards of urological care

URODYNAMICS
Ensuring urinary health and function for all

CENTER FOR CLINICAL TRIALS AND RESEARCH
Patients and professionals leading the future

In addition to renowned physicians Urology of Virginia offers on site, a nurse navigation team, nurse practitioners, physician assistants, pharmacy and radiology services, a surgical center, a research/clinical trials center as well as a host of referral resources to include nutritional and other ancillary services. Refer to www.urologyofva.net for more listings.

Virginia Beach
225 Clearfield Ave
Virginia Beach, VA 23462

THE PAUL F SCHELLHAMMER CANCER CENTER
Groundbreaking urological oncology treatment and research

Virginia Beach
229 Clearfield Ave
Virginia Beach, VA 23462

Harbourview/Suffolk
7185 Harbour Towne Pkwy South, Suite 200
Suffolk, VA 23435

Hampton
4000 Coliseum Drive, Suite 300
Hampton, VA 23666

Williamsburg
Geddy Outpatient Ctr.
400 Sentara Circle, Suite 310
Williamsburg, VA 23188



757-457-5100



A Long History of Innovation



Our Mission: To help patients optimize urological health

Our Vision: To be a practice that innovates and excels in all aspects of urological care

Urology of Virginia has provided comprehensive urological care in Hampton Roads for nearly 100 years. Founded in 1922 by Charles Devine, the practice really began growing in the 1950s when Devine's sons joined the practice. The practice gained an international reputation for genitourinary reconstructive surgery, developing new surgical techniques to correct urethral strictures and hypospadias that are still used today.

The practice was dedicated to passing on their knowledge through outstanding medical education and training. In 1965, they

became one of the few private practices in the country to have a residency program. In the 1970s, they were instrumental in helping establish Eastern Virginia Medical School, serving as faculty and becoming one of the first established EVMS departments.

In the 1970s, the practice was still growing in size and reputation. Dr. Paul Schellhammer joined the group with a focus on treating urological cancers with the latest methods. Dr. Gerald Jordan led the pelvic reconstruction program, upholding the practice's international reputation for advanced procedures.

In 1997, almost all urologists in the Hampton Roads area became part of Urology of Virginia. Today, the group of 34 urologists continues to use the latest technology and research to offer innovative care. They still serve as faculty at EVMS and offer two residency spots per year, one through the American Urological Association and one through the Navy. They also offer fellowships in urinary reconstruction and endourology with several fellows currently in training. The practice continues to grow to help meet the needs of patients throughout Hampton Roads.

As an independent practice, Urology of Virginia maintains strong relationships with all the regional healthcare systems. They also operate the ambulatory surgery center at their Virginia Beach location, reducing costs for patients and making care more efficient.

Comprehensive Urologic Care

As part of its mission to help patients optimize urological health, the physicians and staff at Urology of Virginia provide excellent care for all aspects of urological disease in both men and women.

“We have been able to recruit the best trained urologists in the country,” says Dr. Michael Fabrizio, CEO of Urology of Virginia. “We pride ourselves in the quality of care that we give.”

The team of Board certified urologists offers comprehensive care, including:

Adult Urology

Urology of Virginia offers the full range of adult urology care, including minimally invasive and robotic surgery procedures.

“We are known for our minimally invasive surgery,” says Dr. Fabrizio. “We were involved in the FDA trials for the ZEUS robotic surgical system, one of the first robotic surgery systems ever approved for laparoscopic surgery. We had a robot in Norfolk before anyone in the mid-Atlantic region and nearly the entire East Coast.”

The ZEUS system was a precursor to the da Vinci robotic surgical system, the mostly widely used robotic system today. Urology of Virginia’s extensive, long-term experience with robotic and laparoscopic surgery helps patients access reliable

care and the latest procedures, from laparoscopic kidney donation surgery to robotic prostate cancer surgery.

Paul F. Schellhammer Cancer Center

Urology of Virginia’s cancer center offers cutting-edge urologic care, including surgical oncology and medical oncology services. Named after Dr. Paul Schellhammer, a senior physician at Urology of Virginia, the center carries on his legacy of research and innovation. The center participates in lab-based microbiological research in a partnership with EVMS as well as clinical research studies of the latest cancer-fighting drugs. The center is internationally recognized for its treatment of prostate cancer.

The Devine-Jordan Center for Reconstructive Surgery and Pelvic Health

Urology of Virginia’s international reputation for genitourinary reconstruction continues today. Their fellowship-trained urologists perform both male and female reconstructive surgeries, caring for

complex conditions such as penis deformities, urethral strictures, pelvic floor prolapse, and cystoceles.

Men’s Health

One of the practice’s newest efforts is Men’s Health Virginia, led by Drs. Joshua Langston and Victor Brugh. The program offers comprehensive care for men who are facing issues like erectile dysfunction, which can be a sign of cardiovascular disease. The goal of the practice is to change the way men receive care for these conditions and other aspects of aging. Instead of simple, temporary fixes like testosterone, physicians provide care that can make long-term improvement to many aspects of a man’s health.

Men’s Health Virginia has teamed up with cardiologists and other health professionals to ensure that men receive all the care they need for a longer, higher quality life.

Pelvic Physical Therapy Center

To offer the full range of urologic care, Urology of Virginia is



Victor M. Brugh, III, MD



Kaitlan Cobb, MD



Jessica DeLong, MD, FACS



Gregg R. Eure, MD, FACS



Michael D. Fabrizio, MD, FACS



Robert W. Given, MD, FACS



Nathan P. Goldin, MD, FACS



Jason Joseph, MD



Douglas Kelly, MD



Peter O. Kwong, MD



Joshua Langston, MD



John Lasater, MD



Jefferson Lin, MD



John S. Liu, MD, FACS



John B. Malcolm, MD



Frances M. Martin, MD, FACS



Kurt A. McCammon, MD, FACS, FPM-RS



Jennifer Miles-Thomas, MD, FPM-RS



Akin Ojo-Carons, MD



William H. Rawls, MD, FACS



Edwin L. Robey, MD, FACS



Kevin W. Sanders, MD



Paul F. Schellhammer, MD, FACS



Roger E. Schultz, MD, FACS



Ilya Sobol, M.D.



Raman Unnikrishnan, MD



Ramón Virasoro, MD



Lawrence R. Volz, MD, FACS



Michael B. Williams, MD



James D. Young, MD



Urology
of Virginia